

WM

PSYCHIATRY. MENTAL HEALTH

See WS700-785 for child psychiatry and WT200-250 for mental health in old age

- 1 Societies
- 11 History of psychiatry. Include histories of mental hospitals
- 12 Non-current legislation and discussions of legislation. Use for 19th century and superseded 20th century legislation and later acts which have been repealed.
See WM32 for current legislation
- 13 Dictionaries. Encyclopaedias. Bibliographies. Use for general works only.
Classify with specific aspect where possible
- 15 Classification. Nomenclature, e.g. DSM, ICD-10
- 16 Tables. Statistics. Epidemiology of mental illness
- 18 Education and training in psychiatry. Include educational materials for both teaching and study for undergraduate and postgraduate training.
- 19 Schools and colleges
- 19.5 Continuing education in psychiatry
- 20 Research. Research design. Include research to support evidence-based practice.
Classify research on a specific subject with the subject
- 21 Mental health careers and professions. Psychiatry as a profession
See WLM920 for clinical psychology
- 22 Directories relating to psychiatry
- 23 Institutes, e.g. Institute of Psychiatry. Research institutes
- 26 Equipment and supplies
- 26.5 Use of computers, IT and telecommunications technology
- 27 Mental health services. Include health service policy and planning

- 27.5 Liaison psychiatry. Involvement of mental health professionals in care of patients in general hospitals and other non-psychiatric settings. Liaison psychiatric nursing
- 28 Hospitals, psychiatric wards. Include descriptive accounts of hospital life. Include move to community-based services and the closure of hospitals, the impact on patients and delivery of service.
See WM11 for the history of psychiatric hospitals
- 29 Halfway houses. Hostels
See WM670 for rehabilitation facilities; HV280 for residential accommodation; HV900s for housing; WB680 for residential care for disabled and chronically ill; WL860-64 for learning disabled; WT380 for nursing/residential homes

COMMUNITY AND PRIMARY CARE SERVICES

- 30 Community mental health services. Multidisciplinary mental health teams. Include support systems for the family. Include early intervention, home treatment.
See WM35 for community psychiatric nursing. See WM748 for community care for offenders. See WM401 for crisis intervention
- 30.2 Assertive outreach programmes
- 30.5 Mental health in primary care
- 30.6 Psychiatric outpatients and services

CAUSATIVE FACTORS IN MENTAL ILLNESS

- 31 Socioeconomic and environmental factors in mental illness. Include institutional neurosis. Include social support, life events and gender issues in mental illness. Prison psychiatry. Include works on prison-induced psychosis and the prevalence and treatment of psychiatric conditions in the general prison population. Include occupational health aspects of mental illness e.g. mental illness brought on by the working environment, stress at work etc.
See WLM895 for gender issues in psychology; WM700-770 for forensic psychiatry; WM743 for prison psychiatry for mentally disordered offenders; WM110 for military psychiatry
- 31.1 Ethnic and cross-cultural psychiatry
For religious aspects see WM51
- 31.2 Biological and biochemical factors in mental illness. Include biological psychiatry as a specialty
- 31.3 Genetic factors in mental illness

ASPECTS OF PROVISION FOR MENTAL ILLNESS

- 31.5 Preventive measures in psychiatry. Include mental health status in the population
- 32 Laws and regulations. Use only for the Acts and Regulations themselves. Commentaries go in WM33
See WM12 for 19th and superseded 20th century legislation. See WM732 for legislation on mentally ill offenders; WM272.5 for legislation on drug abuse; WM274.8 for legislation on alcohol use and abuse; WM805 for legislation relating to learning disability
- 33 Discussion of laws
Include the committal procedure and guardianship and mental capacity
- 34 Failures in service provision and practice. Malpractice. Committees of Inquiry and tribunals. Include occurrences related to forensic psychiatry.
See WM834 for malpractice and Committees of Inquiry relating to learning disability
- 35 Psychiatric nursing. Mental health nursing. Include community psychiatric nursing. Use for general textbooks
- 36 Nursing process in psychiatric nursing. Include care planning, psychiatric assessment and nursing technique
- 37 Nurse-patient relations
See WM34 for malpractice by nurses of mentally ill patients and WM834 for malpractice relating to the learning disabled
- 38 Violent psychiatric patients
See WA60 for violent patients in general
- 40 Psychiatric case histories, personal stories, biographies and autobiographies
- 49 Art and literature related to psychiatry. Symbolic case histories (e.g. Electra, Hamlet, Oedipus, Don Juan etc.) Use for the works created by the artists and writers, poets etc which describe or relate to mental illness
- 51 Religion and psychiatry. Include works on spirituality and mysticism, effect of religious faith on mental health
For writings by psychotherapists on religion, see the particular psychotherapist, e.g. Freud
- 55 Long stay patients
See WT380 for nursing/residential homes

- 60 Psychiatric social work
See also WM30 for mental health teams including health and social personnel
- 61 Pastoral care by a chaplain or other acknowledged religious leader.
For spiritual therapy as a healing technique see WM600
- 62 Psychiatrist-patient relations. Ethics, attitudes
See WM34 for malpractice
- 64 Referral and consultation. Include communication skills
- 65 Patient satisfaction. Attitude and compliance. Include patient advocacy and participation
See WA70-85 for these concepts in general medicine; WM835 for advocacy for the learning disabled
- 70 Social effects of mental illness on patients, families and public attitudes.
Include quality of life
See WM670 for rehabilitation of the patient; WM203.6 for social effects of schizophrenia
- 75 Popular works on mental illness
- 80 Physical health of the mentally ill. Include physical illnesses which impact on their mental health, treatments which may have an impact on their mental health and other works on the effect of physical illness in the mentally ill

MENTAL DISORDERS

- 90 Somatoform disorders. Psychosomatic disorders. General or not listed elsewhere. Psychophysiologic disorders. Include psychological factors affecting physical condition e.g. in obesity
- 95 Conversion disorder. Hysterical neurosis. Alteration or loss of physical function through psychological pressures
- 97 Hypochondria. Somatisation disorder. The unintentional production of symptoms for an organic illness which is not present. Somatoform pain disorder
- 98 Munchausen Syndrome. Munchausen by proxy. Fabricated or induced illness. Factitious disorders. Where the patient is intentionally producing the symptoms they display but cannot control their behaviour, or where a carer is fabricating or inducing illness in the person in their care. Munchausen by proxy is also considered child abuse, see WS360

- 100 Mental disorders and psychiatric illness. General works. Include psychopathy and abnormal psychology
For works on psychiatry as a profession see WM21. See WL724 for sleep disorders; HQ200-390 for sexual problems; WS700-785 for child psychiatry and WT200-240 for mental health in old age
- 110 Military psychiatry. Include combat disorder.
See WB105 for military medicine in general; WX800-825 for military health services; WLM165 for psychological effects of war; WM174 for general works on post-traumatic stress disorder
- 120 Disorders first diagnosed in childhood manifesting in adulthood. General works and those not listed below e.g. ADHD
See WS700-785 for works covering childhood only; for dyslexia in adults see WM230 or WL760 for Acquired dyslexia
- 122 Autistic spectrum disorders in adults. Asperger syndrome in adults

DIAGNOSIS AND SYMPTOMS

- 141 Psychiatric diagnosis. Include history taking, outcome measures, etc
See WM15 for classification of diagnosis and WLM145 for psychological tests
- 145 Psychiatric rating scales, assessment tools etc. Include Bender-Gestalt test; Cattell personality factor questionnaire; MMPI; neuropsychological tests; projective techniques; Rorschach test; word association tests
- 148 Behavioural symptomatology. Works on all symptoms of psychological disturbance including those where mental illness might not be implicated. Include hearing voices etc, but see WM200-207 for works on psychosis only.
Classify specific symptoms with related disorders e.g. anxiety, depression

NEUROSES

- 150 Neuroses. Adjustment disorders. General works
- 160 Impulse control disorders. Addictive behaviour. General and not specified. Include kleptomania.
Do not confuse with obsessive-compulsive disorder, see WM172.5. See HM447 for shoplifting as a crime; WM270 for substance related addiction
- 162 Compulsive gambling

AFFECTIVE DISORDERS

- 170 Affective disorders. Mood disorders. General works or not specified for non-psychotic disorders
See WM207 for bipolar disorder

- 171 Depressive disorders. Dysthymia
See WLM215 for depression as a normal reaction; WM207 for bipolar syndrome
- 172 Anxiety disorders. Panic attacks. Generalised anxiety disorders
See WLM228 for anxiety as an emotion
- 172.5 Obsessive-compulsive disorder.
Do not confuse with impulse control disorders; see WM160-162. See WM193 for obsessive compulsive personality; WLM453 for compulsive and obsessive behaviour
- 173 Phobias, e.g. agoraphobia, claustrophobia, animal phobias etc
- 174 Post-traumatic stress disorder
See WM110 for combat stress disorder. See also WB105 for general aspects of military medicine
- 175 Eating disorders. Appetite disorders. General and not specified
See WS738 for childhood eating disorders
- 177 Anorexia nervosa
- 178 Bulimia nervosa

DISSOCIATIVE DISORDERS

- 180 Dissociative disorders. (Sudden temporary alterations in the normally integrative functions of consciousness).
Include psychogenic fugue and psychogenic amnesia
See WL708 for neurological aspects of amnesia; WM220 for amnesia in organic mental disorder
- 184 Depersonalisation disorder. (State in which an individual perceives or experiences a sensation of unreality concerning the self or the environment)
- 186 Multiple personality disorder. (A dissociative disorder in which the individual adopts two or more distinct personalities)
- 190 Personality disorders. (Chronic mental disorders in which there has been an insidious development of a permanent and unshakeable delusional system (persecutory delusions or delusions of jealousy), accompanied by preservation of clear and orderly thinking). General or not specified
See WM205 for paranoid personality; WM203 for schizoid personality
- 193 C cluster. Avoidant. Dependent. Obsessive-compulsive. Passive-aggressive
- 196 B cluster. Antisocial. Borderline. Histrionic. Narcissistic

PSYCHOSES

- 200 Psychoses. General or not specified
- 203 Schizophrenia. Schizoid personality. General works and areas not specified below
- 203.1 Biological and biochemical factors in aetiology
- 203.2 Genetic factors in aetiology
- 203.3 Epidemiology and other factors in aetiology
- 203.4 Therapy. General works. Include services and nursing
- 203.5 Drug therapy
- 203.6 Social effects of schizophrenia. Rehabilitation
- 203.7 Effects on the family
- 204 Cognition and perceptual disorders associated with psychoses
- 205 Delusional (paranoid) disorders
See WM200 for organic delusional disorder
- 207 Bipolar disorder. Manic depressive syndrome
See WM171 for depressive disorders; WLM215 for depression as a normal reaction

MENTAL DISORDERS WITH A MEDICAL CAUSE

(Previously Organic Mental Disorders)

- 220 Mental disorders with a medical cause. General works and those not specified
See WL338 for Creutzfeldt-Jakob Disease (CJD) and variants; WL510 for brain injury; WL736 for delirium; WL708 for neurological aspects of amnesia; WM274.2 for delirium tremens; WS700-785 for disorders with a childhood onset;
- 221 Dementia (all forms and all age groups; include Alzheimer's disease). General works and those not specified
- 224 Professional and informal caregiving in dementia/Alzheimer's disease. General works and those not specified

- 225 Experience of dementia/Alzheimer's disease: descriptions, patient accounts, popular works.
- 230 Communication disorders. Speech language pathology. Aphasia. Dyslexia
For neurologic aspects (including Acquired dyslexia) see WL760; for dyslexia in childhood see WS725; for education and dyslexia see L126; for neurologic aspects of aphasia see WL758

SELF HARM AND SUICIDE

- 245 Self harm. Self mutilation. Include stereotypic behaviour
See WM837 for stereotypic behaviour in learning disability
- 250 Suicide and attempted suicide

SUBSTANCE MISUSE

- 265 Popular works on substance misuse
- 268 Dual diagnosis of substance abuse and mental disorder
- 270 Substance misuse and dependence. For works covering drug misuse only and general works covering all substances. General works and substances not mentioned below. Include detection and screening. Include drug users.
See WM403 for problems associated with psychotropic drugs
- 270.5 Physiological aspects. Withdrawal symptoms. Include substance-induced psychoses
- 271 Psychological aspects of substance misuse
- 271.5 Social aspects of substance misuse
- 272 Societies, agencies and organisations related to substance misuse. Include policies and plans on substance misuse reduction
- 272.5 Legislation and criminology
- 273 Therapy, include rehabilitation. Include health promotion aspects, e.g. needle exchange schemes

ALCOHOL MISUSE

- 274 Alcohol dependence and abuse
See WM270 for works which cover both drug and alcohol abuse
- 274.2 Physiological aspects, withdrawal symptoms. Delirium tremens
- 274.4 Psychological aspects of alcohol misuse
- 274.5 Social aspects of alcohol misuse
- 274.6 Societies, agencies and organisations relating to alcohol misuse. Include policies and plans on reduction of alcohol misuse
- 274.8 Legislation and criminology.
- 275 Therapy and rehabilitation. Include health promotion aspects

MISUSE OF PARTICULAR SUBSTANCES

- 276 Cannabis
- 280 Cocaine. Crack cocaine
- 286 Opium and opioids in general
- 288 Heroin
- 294 The use of natural plant products for mind-altering experiences; e.g. fungi, khat
- 297 LSD and other synthetic hallucinogens
- 298 Designer drugs and abuse of drugs intended for another purpose e.g. ecstasy, amphetamines, crystal meth, ketamine, Miaow Miaow
- 299 Abuse of substances legal in other contexts e.g. glue and solvent abuse

THERAPY FOR MENTAL DISORDERS

- 400 Psychiatric therapy. General works
- 400.5 Psychiatric intensive care

- 401 Emergency psychiatric services. Crisis resolution and home treatment.
Include works on victims of rape and other crimes
- 402 Drug therapy. Use of psychotropic drugs
See QV77 for pharmacological aspects
- 403 Problems associated with psychotropic drugs
- 405 Physical therapies. Physiotherapy. Exercise. Note that ECG is a physical therapy.
See WL640 for psychosurgery
- 410 Historical therapies now discredited e.g. shock therapy (not ECG) insulin
therapy, fever therapy
- 412 Electroconvulsive therapy (ECT). Electronarcosis
- 420 Psychotherapies and methods of change. General works only and those not
mentioned below WM450-585
See WM500 for behavioural psychotherapy methods. See WS760-70 for
psychotherapy for children; WT230 for psychotherapy in the aged
- 430 Family therapy as a psychotherapeutic technique.
See WM546 for counselling as a psychotherapeutic technique; HQ690 for
family therapy as a counselling technique

PSYCHOANALYSIS AND PSYCHOTHERAPIES

PSYCHOANALYSIS

- 450 Psychoanalysis and analytical psychology. General works
See WS770 for child psychoanalysis; WM490 for psychodynamic
psychotherapy
- 452 Freud and his theories. Include biography, letters and collected works
See also WM460-486
- 454 Jung and his theories. Include biography, letters and collected works
- 456 Adler and his theories. Include biography, letters and collected works
- 458 Klein and her theories. Include biography, letters and collected works
- 459 Other important psychoanalysts not mentioned above

CONCEPTS IN PSYCHOANALYSIS

See also WM490 & 495 for general works on psychoanalytic methods and interpretation
See WLM for the psychology of these concepts

- 460 Creativity
- 461 Dreams. Symbolism. Fantasy
See WL722 for neurological aspects
- 462 Ego. Self. Narcissism
- 463 Existentialism
- 464 Extraversion. Introversion. Psychological types
- 468 Object attachment
- 469 Personality
- 470 Defence mechanisms in personality. General and those not mentioned below
- 472 Denial
- 473 Displacement
- 475 Projection
- 477 Regression
- 478 Repression. Hysteria. False memory
- 479 Sublimation
- 482 Morals. Super-ego
- 484 Sexual behaviour. Freudian and other psychoanalytical approach only
See HQ for other works on the psychology of sexual behaviour
- 486 Unconscious. Id

TYPES OF PSYCHOTHERAPY

- 490 Psychoanalytic methods and therapy e.g. transactional analysis (TA). Include psychodynamic psychotherapy. Include transference and counter-transference
See WLM812 for general works on TA and WX405 for applications in management
- 495 Psychoanalytic interpretation
- 498 Education and training in psychotherapy. Include supervision, mentoring etc.
- 500 Behavioural psychotherapy methods. Behaviour modification. Behaviour therapy. General works
- 505 Cognitive behavioural methods. Cognitive analytic therapy. Cognitive therapy. Rational emotive therapy. Schema therapy. Dialectical behaviour therapy (DBT)
- 507 Mindfulness and acceptance and commitment therapy (ACT)
- 510 Therapy arising from experimental analysis behaviour, e.g. Skinner. Include operant methods
- 520 Neurolinguistic programming, mentalisation, narrative therapy
See WLM400 for psychological aspects of neurolinguistic programming; WX405 for personnel management aspects of neurolinguistic programming
- 525 Brief therapy. Any form of psychotherapy designed to produce therapeutic change within a minimal amount of time, generally not more than 20 sessions
- 530 Personal construct therapy
See WLM340 for underlying theory
- 540 Client centred therapy, e.g. Rogers
- 544 Encounter groups, T groups. Include games
- 546 Counselling as a technique in psychotherapy
See HV112 for works directed at non-psychotherapist counsellors
- 550 Gestalt therapy. A form of psychotherapy with emphasis on the interplay of organism and environment
- 570 'Growth' movement. Bioenergetics. Consciousness raising

- 575 Reality therapy; systemic therapy
For systemic family therapy see WM430
- 580 Group therapy. Include works in which the emphasis is on the group and not the type of therapy
See WM430 for family, marital and couples therapy
- 585 Therapeutic community. Social therapy

SPECIAL TYPES OF THERAPY IN MENTAL HEALTH

- 600 Special types of therapy. General works and those not mentioned below. Include works covering all the expressive and sensory arts. Include spiritual therapy
See WB560-5 & 590 for works on arts therapies in physical medicine
- 610 Art therapy
- 620 Music therapy
- 630 Psychodrama
- 632 Dance therapy
- 635 Speech therapy related to mental illness
- 640 Occupational therapy and units in psychiatry
- 650 Industrial therapy and units. Sheltered workshops for the mentally ill
- 660 Other forms of occupational therapy for the mentally ill
- 670 Rehabilitation techniques and centres. Recovery as a concept in mental health
See WM203.6 for recovery and rehabilitation in schizophrenia
- 675 Social skills training in mental illness

FORENSIC PSYCHIATRY

Classify here works covering mentally abnormal offenders only. This includes people with mental illness and with learning disabilities.
See HM for works covering criminal behaviour in general

- 700 Forensic psychiatry. General works

- 710 Assessment of offenders. Concept of responsibility
- 715 Expert testimony. Medical testimony
- 716 Tables. Statistics in forensic psychiatry
- 720 Research in forensic psychiatry
- 732 Legislation, e.g. M'Naghten Rules (1843)
- 734 Multidisciplinary teams in forensic psychiatry
- 735 Techniques of forensic psychiatric nursing
- 736 Staff-patient relations
See WM34 for malpractice, Committees of Inquiry etc
- 740 Special hospitals, e.g. Broadmoor
- 743 Prison psychiatry with mentally ill and learning disabled offenders
See WM31 for works on general prison psychiatry
- 745 Secure units including units within psychiatric hospitals
- 748 Community care for mentally ill offenders
- 750 Therapies for mentally disturbed offenders
- 760 Mentally disturbed and learning disabled offenders. General works
See WM34 for Committees of Inquiry
- 761 Violent criminals
See HM430 for sociological aspects; WS360 for child abuse
- 762 Murderers
See HM432 for sociological aspects
- 764 Sex offenders. Include rapists and stalkers
See HM434 for sociological aspects; HM436 for stalkers; WS362-365 for child sexual abuse; HQ340 for paedophilia

768 Other mentally disturbed offenders. Include pyromania and firesetting
See HM440 for arson as a crime.

770 Juvenile mentally disturbed offenders
See WS340-355 for juvenile anti-social behaviour in general

LEARNING DISABILITY

See WS600-698 for works applying to children only; WT250 for learning disability in old age

800 Learning disability. General works include history

802 Directories. Guides to services in learning disability

804 Information and advisory services in learning disability

805 Legislation relating to learning disability

810 Careers in learning disability

812 Education and training for learning disability personnel. Include educational materials for both teaching and study

815 Care of people with learning disabilities. Include all forms of professional care e.g. nursing

816 Statistics. Epidemiology in learning disability

820 Accounts of daily life. Biography and autobiography. Popular works

821 Public attitudes to learning disability. Include discrimination and all forms of abuse
Include crimes against people with learning disabilities.

828 Case studies. Research in learning disability

830 Staff -patient relationships

831 Ethics in learning disability. Use for aspects such as consent, especially to contraception or sterilisation

834 Malpractice in learning disability
Include abuse of learning disabled by staff and Committees of Inquiry
See WM34 for general works on psychiatric malpractice and Committees of Inquiry

- 835 Advocacy for the learning disabled. Attitude and compliance by the learning disabled to their care and treatment.
Include self-advocacy
See WM65 for works covering both mental illness and learning disability and WA70-84 for the concepts in general
- 836 Challenging behaviour by people with learning disabilities
- 837 Violent behaviour by people with learning disabilities. Include management of violence.
- 841 Examination and diagnosis of learning disabilities
- 842 Assessment. Include intelligence tests for learning disability
- 843 Parental screening and genetic counselling. Prevention of learning disability
- CAUSATION AND SPECIFIC TYPES OF LEARNING DISABILITY**
- 844 Causation. General works
- 845 Chromosomal. Down's syndrome. Genetic and inherited disease
- 846 Prenatal causation
- 848 Neonatal and birth injuries
- 849 Environmental, e.g. accidental head injury
See also WL510-WL518 for neurological aspects
- SERVICES FOR THE LEARNING DISABLED**
- 850 Social welfare. Health services. Community care. General works
- 851 Financial services. Include financial services to the family
- 855 Aids and equipment for the learning disabled
- 860 Residential care. Include hospitals, hostels etc
- 864 Sheltered accommodation, group homes and independent housing

- 865 Care within the family. Include fostering, support services and problems for the family. Include respite care
- 866 Day care facilities for adult learning disabled
- 867 Recreation, leisure and sporting facilities. Include holiday schemes, etc
- 868 Social work with the learning disabled. Include counselling
- 870 Voluntary organisations

SUPPORT FOR INDEPENDENT LIVING

- 875 Support for independent living. People-centred planning. Lifestyle planning. General works and those not specified below
- 876 Social skills training. Socialisation. Adaptive behaviour. Normalisation
- 877 Communication and speech therapy
- 878 Occupational therapy and skills training. Include skills for independent living, e.g. money management
- 880 Expressive arts and leisure therapy. Include art therapy and music therapy
See WB560-565 for general works on art and music therapy
- 882 Play therapy and physical activity. Include physiotherapy and Snoezelen
- 883 Behavioural modification. Psychotherapy. Counselling
- 886 Education for the learning disabled
See WS618 for education of children with learning disabilities
- 888 Employment
- 890 Personal relationships. Sexuality. Spirituality. General works
- 892 Marriage and family. Include parenthood and parenting skills for the learning disabled.
- 893 Health promotion for the learning disabled. Healthy living, personal care

- 895 Medical disorders of those with learning disabilities. Sensory disorders e.g. blind and learning disabled
- 896 Psychological and mental disorders of those with learning disability. Include stereotyped behaviour in the learning disabled
See WM245 for stereotyped behaviour and self harm in mental illness